

Menu: Simplified 14-Day Menu

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Sunday (Day 1)	Monday (Day 2)	Tuesday (Day 3)	Wednesday (Day 4)	Thursday (Day 5)	Friday (Day 6)	Saturday (Day 7)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal
Sausage Patty	Cheese Omelet	Hard Boiled Egg	Sausage Patty	Hard Boiled Egg	Cheese Omelet	Hard Boiled Egg
French Toast Sticks	Long John Donut	Country Gravy	Waffle	French Toast Sticks	Donut Holes	Country Gravy
Margarine/Syrup	Milk/Beverage	Biscuit	Margarine/Syrup	Margarine/Syrup	Milk/Beverage	Biscuit
Milk/Beverage		Margarine	Milk/Beverage	Milk/Beverage		Margarine
		Milk/Beverage				Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Fried Chicken Breast	Lasagna	Chicken Tenders	Sliced Baked Ham	Beef Chili	Grilled Chicken Breast	BBQ Pork Riblette
Mashed Potatoes & Cream Gravy	Broccoli (A)	Dipping Sauce	Scalloped Potatoes	Crackers	Mashed Potatoes & Gravy	Sweet Potatoes (A)
Green Beans	Peaches	Potato Wedges	Candied Carrots (A)	Shredded Tossed Salad/Dressing	Green Peas	Buttered Corn
Chocolate Cream Pie	Bread Stick/Margarine	Mixed Vegetables	Brownie	Banana Cream Pie	Mixed Fruit Cup	Carrot Cake w/Cream Cheese Frosting
Bread/Margarine	Beverage	Ketchup	Bread/Margarine	Beverage	Bread/Margarine	Bread/Margarine
Beverage		Angel Food Cake	Beverage		Beverage	Milk/Beverage
		Bread/Margarine				
		Beverage				
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Egg Salad Sandwich	Deli Sandwich	Sloppy Joe on Bun	Chicken Salad Sandwich	Turkey & Swiss Cheese Sandwich	Tuna Salad Sandwich	Cheeseburger on a Bun
Chips	Pickles & Onions	Baked Beans	Potato Salad	Lettuce Leaf & Tomato Slice	Pickled Beets	Pickles & Onions
Crushed Pineapple	Cole Slaw	Fruit Cocktail	Sherbet	Macaroni Salad	Cookies	French Fries
Milk/Beverage	Pudding	Milk/Beverage	Milk/Beverage	Mandarin Oranges	Milk/Beverage	Ketchup/Mustard
•	Milk/Beverage			Milk/Beverage		Ice Cream Cup
						Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink
Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx	Asst.Snacks/Cookies/Crx

The meal items shown are those served on a **Regular Diet**. If your physician has ordered for you a **Therapeutic** or **Texture Altered Diet**, you may be served a different menu item, a different portion of the menu item or the item may be eliminated entirely in order to comply with your current diet order. Thank you!



Menu: Simplified 14-Day Menu Week 2

Sunday (Day 8)	Monday (Day 9)	Tuesday (Day 10)	Wednesday (Day 11)	Thursday (Day 12)	Friday (Day 13)	Saturday (Day 14)
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice
Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day	Fruit of the Day
Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal	Choice of Hot or Cold Cereal	Choice of Hot or Cold Cerea
Sausage Patty	Cheese Omelet	Hard Boiled Egg	Sausage Patty	Hard Boiled Egg	Cheese Omelet	Hard Boiled Egg
French Toast Sticks	Long John Donut	Country Gravy	Waffle	French Toast Sticks	Donut Holes	Country Gravy
Margarine/Syrup	Milk/Beverage	Biscuit	Margarine/Syrup	Margarine/Syrup	Milk/Beverage	Biscuit
Milk/Beverage		Margarine	Milk/Beverage	Milk/Beverage		Margarine
		Milk/Beverage				Milk/Beverage
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Spaghetti & Meatballs	Sausage Cuts	Chicken Broccoli Rice Bake	Country Fried Steak	Meatballs with Mushroom	Fish & Cheese Sandwich	Baked Ham
talian Blend Vegetables (A)	Seasoned Diced Potatoes	Green Beans	Mashed Potatoes & Cream Gravy	Gravy Parslied Buttered Noodles	Tartar Sauce	Mashed Sweet Potatoes (A)
Boston Cream Pie	Chopped Spinach (A)	Tossed Salad/Dressing	Buttered Carrots (A)	Broccoli Cauliflower Blend	Cole Slaw	Mixed Vegetables
Bread Stick/Margarine	Tapioca Pudding	Chilled Pears	Cinnamon Apple Slices	Lemon Meringue Pie	Cottage Cheese	Fresh Fruit Cup
Beverage	Bread/Margarine	Bread/Margarine	Bread/Margarine	Bread/Margarine	Peaches	Bread/Margarine
	Beverage	Beverage	Beverage	Beverage	Beverage	Beverage
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Pimento Cheese Salad	Chicken Salad Sandwich	Tomato Soup	Breaded Chicken Patty on Bun	Bratwurst Patty on Bun	Beef & Macaroni	Swiss Cheese Sandwich
Sandwich Broccoli & Cauliflower Salad	Chips	Ham Salad Sandwich	Lettuce/Tom/Pick/Onion	Pickles & Onions	Buttered Peas	Lettuce Leaf & Tomato Slice
Fresh Fruit Cup	Green Pea Salad	Potato Salad	Tater Tots	French Fries	Cookies	Macaroni Salad
Milk/Beverage	Brownie	Ice Cream Bar	Angel Food Cake	Fruited Pudding (FR)	Bread/Margarine	Sherbet
J	Milk/Beverage	Milk/Beverage	Ketchup & Mayonnaise	Ketchup/Mustard	Milk/Beverage	Ketchup/Mayo/Mustard
		Ĭ	Milk/Beverage	Milk/Beverage	Ŭ	Milk/Beverage
Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack	Evening Snack
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Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink	Fruit Drink

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