

## “What’s on your hands?”

<i>Audience:</i>	Food Handlers
<i>Objectives:</i>	Understand the impact of unwashed hands.
<i>Materials:</i>	<ul style="list-style-type: none"><li>• Poster/blank large paper (4 sheets)</li><li>• Finger paint (blue, green, red, orange)</li><li>• Marker</li><li>• Disposable gloves</li></ul>
<i>Time:</i>	15-20 minutes
<i>Preparation:</i>	4 Participants – Blue, Green, Red, Orange
<i>Activity:</i>	<p>Facilitator:</p> <p>Start by setting up the posters/blank paper. Label with marker:</p> <ol style="list-style-type: none"><li>1. Fridge</li><li>2. Recipe Book</li><li>3. Time Clock</li><li>4. Prep Table</li></ol> <p>Select 4 Volunteers.</p> <p>Each volunteer applies plastic gloves.</p> <p>Assign a color finger paint to each volunteer.</p> <p>Instruct the volunteer to take a quarter size amount in their gloved hand, rub with the other gloved hand to coat both hands with their color.</p> <p>Begin reading the script, volunteers should follow the instructions of the script.</p>

*Script:* Facilitator:

“It’s a great day at Sunny Manor! The food service team: Red, Blue, Green, and Orange are working in the kitchen today”

“Blue arrives to work first; Blue clocks in [Blue volunteer touches blue hand to paper marked “time clock”]

“Blue begins work by looking at the recipe book [Blue volunteer touches blue hand to paper marked recipe book]

“Red is the next to arrive to work, Red begins the day by going to the refrigerator to put his/her lunch away [Red touches paper marked fridge]

“Red then proceeds to the time clock [touches time clock paper] and then back to the fridge to gather ingredients [touches fridge paper]

“Green arrives to work but is early to clock in. As it is their daily routine, Green gives a high-five to Blue [Green and Blue high five]

“Green clocks in [touch time clock] and begins working at the prep table with Blue [touch prep table]

“Orange is the last to arrive for the day. Orange clocks in [touch time clock], checks the recipe book [touch recipe book], visits the fridge for ingredients [touch fridge], and goes to the prep table to begin work [touch prep table]

“The day goes on, each employee goes back to the fridge [all touch fridge] before finishing their day and clocking out [all touch time clock]

“The end”.

All volunteers may remove gloves, wash hands.

Display poster/papers with Fridge, Time Clock, Recipe Book, and Prep Table.

*Discussion:*

What do the colored hand prints on the posters represent?

What can we do to prevent the spread of bacteria on our hands?

Are we aware of the surfaces we touch in the kitchen without washing hands?

Other discussion encouraged.